

## SALADS

add gyro meat | 3.39   add chicken | 4.19   add falafel | 4.49  
add shrimp | 5.49   add salmon or sirloin steak | 6.59

### Post House | \$9.79

Mixed greens with cherry tomato, cucumber,  
red onion, and bell pepper, with choice of dressing.

### Greek | \$11.99

The Post House topped with feta cheese, Kalamata olives,  
pepperoncini, and stuffed grape leaf, tossed in Greek dressing.

### Grilled Chicken Caesar | \$12.89

Grilled or blackened chicken breast, romaine lettuce,  
parmesan, and crouton, tossed in Caesar dressing.

### Summer Berry Salad | \$15.29

Mixed greens tossed in honey-dill vinaigrette, topped with grilled  
salmon, fresh strawberries, pecans, red onion, and gorgonzola cheese.

### Black & Blue | \$15.49

\*The Post House topped with seared sirloin steak and gorgonzola  
cheese, tossed in balsamic vinaigrette.

### Quiche & Salad | \$10.19

A hearty slice of our daily quiche offering served with a side  
salad and choice of dressing.

## SANDWICHES

### Grouper Reuben | \$14.79

Fried grouper filet, Swiss cheese, 1000 Island, and  
cole slaw on marble rye.

### Tiger Chicken | \$12.59

Fried chicken breast tossed in our house sauce and  
served with lettuce, tomato, and ranch on ciabatta.

### Gyro | \$10.99

Shaved lamb, tzatziki, tomato, red onion, and mixed  
greens. Served with Greek fries. (Sub falafel to make it veggie!)

### French Dip | \$10.89

Shaved ribeye and provolone cheese on a hoagie. Served with au jus.  
Make it a Philly (add mushrooms and onions) | 50¢

### Chicken Caprese | \$11.89

Herb-marinated chicken breast, confit tomatoes, freshly sliced  
mozzarella, basil, and balsamic reduction on ciabatta bread.

### Black Forest Reuben | \$10.49

Boar's Head corned beef, Swiss, and sauerkraut with spicy mustard  
on marble rye.

## PIZZA

### Pepperoni | \$14.29

Boar's Head pepperoni, mozzarella, and house pizza  
sauce.

### Margherita | \$13.19

Slow-roasted roma tomatoes, basil, spinach, mozzarella,  
extra virgin olive oil, and sea salt.

### Tiger | \$15.19

Breaded and fried chicken tossed in our house sauce,  
caramelized onion, mozzarella, and ranch.

### Mr. Postman | \$16.39

Pepperoni, sausage, bacon, bell pepper, red onion, mushroom,  
kalamata olive, and mozzarella cheese.

## BURGERS

### All-American | \$10.59

\*Clean and classic burger topped with lettuce, tomato,  
mayo, and American cheese.

### Ramburger | \$13.59

\*Bacon, cheddar cheese, fried egg, fried  
onion, and mayo.

### Owen | \$12.99

\*House pimento cheese, lettuce, pickled  
green tomato, red onion, and mayo.

### May The Forest Be With You | \$13.29

\*Swiss cheese, caramelized onions, sautéed  
mushroom medley, lettuce, and mayo.

### Jalapeño Popper | \$13.49

\*Whipped jalapeño cream cheese, Maple River  
bacon, and blackberry jam.

### Patty Melt | \$13.49

\*Caramelized onions, Swiss cheese, and 1000  
island, melted on marble rye.

## PLATES

Comfort food at it's finest, crafted with fresh, responsibly  
sourced ingredients.

### Mt. Mitchell Meatloaf | \$15.99

Southern style meatloaf topped with brown gravy and  
fried onions. Served with green beans and mashed  
potatoes.

### Greek Pasta Bowl | \$15.79

Spaghetti tossed in Greek style meat sauce and topped with feta cheese  
and basil, served with warmed bread.  
Add: Chicken | \$4.19   Shrimp | \$5.49

### Penne alla Vodka | \$14.49

Penne tossed in house vodka sauce and topped with  
parmesan and herbs.

Add: Chicken | \$4.19   Shrimp | \$5.49   Salmon | \$6.59

### Salmon Santorini | \$17.99

Seared salmon served over rice and topped with sun dried tomato,  
caper, feta, olive, and a Mediterranean garlic lemon butter sauce.

### Blackened Grouper | \$17.59

Seasoned and pan seared grouper fillet served with  
green beans and rice.

### Blue Ridge Fish & Chips | \$16.49

Beer battered and fried grouper filet, served with  
house-cut fries, coleslaw, and tartar.

### Fletcher Fried Oysters | \$15.69

Breaded and deep-fried east coast oysters served with  
house-cut fries, coleslaw, and tartar sauce.

### Chicken Strip Dinner | \$11.89

Breaded & fried chicken strips served with a side  
choice and honey mustard.

## CHOP HOUSE

USDA Choice and Prime Grade Beef, seasoned and cooked to perfection.  
Served with a baked potato, demi-glace, and roasted garlic.  
*We recommend steaks cooked to a temperature of medium or below.*

### Oteen Sirloin | \$21.99

\*Cast-iron seared 12 oz. Angus sirloin, clean and classic for those  
who want a steak with no frills.

### Rib Eye | \$28.79

\*Grilled 16 oz. steak for the true steak lover,  
characterized by rich marbling and robust flavor.

### Porterhouse | \$36.99

\*23 oz. cast-iron seared bone-in porterhouse for the best of  
both worlds - the entire sirloin strip and tenderloin filet.

### Bacon-Wrapped Filet | \$29.79

\*8 oz. USDA Choice tenderloin, wrapped with Maple River  
bacon and Cast-Iron Seared.

### Bone-In Rib Eye | \$39.99

\*22 oz. cast-iron seared bone-in rib eye, offering the  
best marbling, flavor, and tenderness, particularly  
near the bone.

### Hamburger Steak | \$19.49

\*16 oz. seasoned beef steak, topped with sautéed mushrooms,  
caramelized onions, & brown gravy. Served with green beans and  
mashed potatoes.

### Steak Add-Ons | \$99

Herbed Butter  
House Steak Sauce  
Additional Roasted Garlic

### Surf & Turf:

Crab Cake | \$4.50  
Grilled Shrimp Skewer | \$3.99

## SIDES & EXTRAS

(\$4)   The perfect addition to any meal.

Hand-cut Fries

Coleslaw

Greek Fries

Steamed Broccoli

Sweet Potato Fries

Green Beans

Tater Tots

Potato Salad

Onion Rings

Cup of Soup

Mashed Potatoes

Baked Potato  
(After 5pm)

Side Salad  
(+99¢ for Caesar or Greek)

# WINGS & THINGS

## Tiger

Our signature wing sauce. A bit spicy, a bit sweet.  
Bring out the Tiger in you.

## Traditional Buffalo

Clean and classic, naked with Frank's Red Hot & butter.

## Greek

Lemon, garlic, honey, feta, oregano, salt, crushed red and cracked black pepper, and onion. Served with pistou.

## Tennessee Dry Rub

Our sweet and spicy take on a Memphis classic.

6 | \$8.59    10 | \$14.29    16 | \$19.89  
24 | \$29.79    50 | \$57.29

Chicken Strips tossed in any sauce | \$9.89

Fried Shrimp tossed in any sauce | \$11.29

# APPS

## Carolina Crickets | \$9.49

Bacon wrapped jalapeños stuffed with smoked gouda and deep-fried, served with maple syrup.

## Loaded Fries | \$8.29

Mozzarella & Gravy, or Cheddar Bacon Ranch.  
*Sub Tater Tots | 99¢*

## Mill's River Mushrooms | \$8.89

Button mushrooms breaded and fried, served with house ranch.

## Parkway Pimento Cheese | \$8.89

Sharp Cheddar, smoked Gouda, roasted red pepper, and spice. Served with fried pita and veggies.

## Spinach-Artichoke Dip | \$9.29

Creamy spinach artichoke dip topped with melted cheese and served with fried pita.

## Greek Nachos | \$10.49

Fried pita topped with sliced gyro meat, tzatziki, olive, red onion, feta, and basil.

## Crab Cakes | \$12.89

Maryland-style lump crab cakes served over a dill & parsley remoulade with lemon.

## Mac & Cheese | \$8.29

Creamy hand-crafted macaroni & cheese.

Add Bacon & Jalapeños | \$2.99

Add Tiger Chicken | \$4.29

Add Sirloin & Gorgonzola | \$6.19

# LUNCH ITEMS

## Soup and Sandwich | \$8.69

Ask your server about our daily offerings.

## Side Plate | \$9.99

Pick three of any of our delicious side choices.  
*(Substitute a scoop of Chicken Salad for .99¢)*

## Chicken Salad Sammie | \$9.99

House made chicken salad, honey, and slivered almonds on wheat, white, or pita, served with a small side salad.

## B.L.T. Plus | \$9.79

White bread, mayo, bacon, lettuce, tomato, fried egg, and American cheese, served with a side and a pickle.

## Grilled Ham & Swiss | \$10.49

Oven roasted Ham, Swiss cheese, lettuce, tomato, and mayo on white bread, served with a side and a pickle

## Arden Club | \$10.89

Oven roasted turkey, bacon, and cheddar on wheat toast with French dressing and house cole slaw.

## Oyster Po' Boy | \$10.99

Cornmeal fried oysters, tartar, lettuce, tomato, and red onion on a hoagie roll.

*(We also have shrimp!)* Served with a side and a pickle.

## Yard Bird | \$10.19

Grilled or blackened chicken breast served with green beans and mashed potatoes.

## Turkey Hot Brown | \$11.49

Open-faced turkey sandwich on white bread, covered in brown gravy. Served with mashed potatoes.

## Short Hike | \$10.59

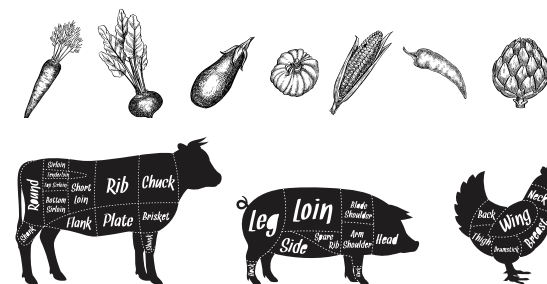
A half portion of our famous Mt. Mitchell Meatloaf, topped with gravy and fried onion rings.

Served with mashed potatoes.

## Blue Plate | \$10.99

Our rotating daily lunch offering, served with appropriate sides. Ask your server for more details.

\* Denotes items are raw, undercooked, or cooked to order. Consumption of raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



# TO-GO MENU

(828) 676-2577

2155 Hendersonville Road  
Arden, NC 28704



www.post25avl.com

WE ALSO OFFER  
CATERING OPTIONS!

05.2020