

Quick Lunch Menu

For Those Dining In A Flash Or On A Tight Schedule, This Menu Is Guaranteed To Get You In And Out.

Blue Plates (\$10)

Our Blue Plate Specials are designed to highlight our favorite comfort food staples.

Each day's special is served with the daily potato and veggie of the day.

In order to have you on your way in a timely fashion, we ask no substitutions please.

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Mt. Mitchell Meatloaf	Buttermilk Fried Chicken	Fried Pork Chop	Country Fried Steak	Fish Fry Basket

The Athenian (\$7.5)

A lunch-size portion of mixed greens with cherry tomato, cucumber, red onion, green pepper, feta cheese, olive, and feta, tossed in Greek dressing.

Yard Bird (\$9)

Grilled or blackened chicken breast served with the vegetable and potato of the day.

Hamburger Steak (\$10)

A seasoned 8oz. ground beef patty topped with sautéed mushrooms and onions and brown gravy. Served with a side.

Garden Grub (\$7)

Hummus & veggies served with veggies and a small salad.

Short Hike (\$10)

A half portion of our famous Mt. Mitchell Meatloaf, topped with gravy and fried onion rings. Served with potato salad.

French Dip (\$9.5)

Shaved ribeye cooked in au jus, green pepper, and provolone on a hoagie roll. Served with a side.

Chicken Strips (\$11)

An 8 oz. chicken breast, sliced, breaded, and deep-fried. Served with french fries and dipping sauce of your choice.

Chicken Salad Sammie (\$9)

House made chicken salad, honey, and slivered almonds on a toasted croissant, served with a small side salad.

Quiche & Salad (\$9)

A slice of veggie quiche with a small side salad.

Cold Plate (\$8)

A scoop of chicken salad, potato salad, and cole slaw.

Soup and Sandwich (\$8)

Ask your server about our daily offerings.

Please feel free to also browse our full menu for more tasty options!